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Quick Reference Guide for Frequently Requested Resources

*this is only a partial list

Academic - Resources & Scholarships

Resources

- Scholarship Mentor: <http://www.scholarshipmentor.com/epilepsy-scholarships>
- Affordable Colleges Online: <http://www.affordablecollegesonline.org/degrees/vocational/>
 - School guide for online colleges & vocational degrees
- Community for Accredited Online Schools:
<http://www.accreditedschoolsonline.org/resources/chronic-conditions-in-school/>
 - Scholarship information is also available
- Learn How to Become: <http://www.learnhowtobecome.org/college/financial-aid-for-students-with-disabilities/>

Scholarships

- UCB Family Epilepsy Scholarship Program (Keppra): <http://www.ucbepilepsyscholarship.com/>
- EverSpark JJ Hennessey Honorary Epilepsy Scholarship:
<http://www.eversparkinteractive.com/honorary-epilepsy-scholarship/>
- Ryan Siddique Fund: <http://www.ryansiddiquefund.org/>
- FACES College Scholarship Program: <http://faces.med.nyu.edu/events-programs/college-scholarship-program>
- AAHD Scholarship Program: <https://www.aahd.us/initiatives/scholarship-program/>

Anti-Bullying

- Pacer Center – www.pacer.org/bullying/
 - Peer advocacy, special education advocacy, legal information
- HRSA & HHS – www.stopbullying.gov/
 - Awareness and tips for parents
- U.S. Department of Education Office for Civil Rights: 800-421-3481 or
<https://www2.ed.gov/about/offices/list/ocr/index.html>

Basic Needs

General

- 2-1-1 Colorado: www.211colorado.org
 - United Way resource and referral
- Friends of Man: 303-798-2342 or www.friendsofman.org/
- Colorado PEAK: <http://colorado.gov/PEAK/>
OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

- *See also Disability and Medicaid Services, Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI), and School Advocacy sections*
- Project Linus blanket donations: <http://karenloucks.com/project-linus-denver/>
 - Karent Loucks Rinedollar, Denver Project Linus Founder and Coordinator, karen@karenloucks.com
- The Arc: <http://www.thearc.org/> or 303-864-9334
- Volunteers of America Colorado Branch: <http://www.voacolorado.org/>
 - Assistance with food, shelter, handyman projects, healthy aging, nutrition and wellness

Financial assistance

- Coupon Chief: https://www.couponchief.com/guides/savings_guide_for_those_with_disability
- Josh Provides: <http://joshprovides.sarasotadesign.com/services/how-we-use-our-funds/>
- Modest Needs: <https://www.modestneeds.org/>
- Denver Government Assistance: <https://www.denvergov.org/content/denvergov/en/denver-human-services/programs/energy-assistance/low-income-energy-assistance.html>
- Rent and utility list: <http://denver.helpingoutamerica.com/emergency-help/utility-assistance-denver/>
- Must live in Adam's County and have Children: Growing Home **Phone:** (303) 426-0430
- TANF: <https://www.colorado.gov/pacific/cdhs/colorado-works-tanf>

Xcel CO Medical Exemption Program is with the Chronic Care Collaborative- Sharon O'Hara, Director, Chronic Care Collaborative sharon.ohara@ccc-co.org

- LEAP program: <https://www.denvergov.org/content/denvergov/en/denver-human-services/programs/energy-assistance/low-income-energy-assistance.html>

Food delivery and assistance

- Project Angel Heart – 303-830-0202/ 719-323-0084, or <https://www.projectangelheart.org/>.
- Metro Caring: <http://www.metrocaring.org/help>
 - Call 303-860-7200 to make an appointment for nutritious food or self-sufficiency programming

Furniture

- Furniture: <https://www.afw.com/en/community>
- Furniture: Denver Rescue Mission can furnish an apartment with a Case Manager referral, 1 time every 5 years (might collaborate with Denver Works?)

Health

- Addiction Resource: <https://addictionresource.com/>
 - Raises awareness on the dangers of addiction and helps young adults stay drug-free
OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

- HealthCorps: <https://www.healthcorps.org/>
 - Promotes healthy living among teens

Medical ID bracelets

- Lauren's Hope: www.laurenshope.com
- American Medical ID: <http://www.americanmedical-id.com/>

Funeral Costs

<http://thetearsfoundation.org/> -not a Colorado chapter yet

Beyond Medication

- VNS Therapy – <https://us.livanova.cyberonics.com/> On-demand videos and interactive conference calls
- Surgical options – CarePoint Neurosurgery, <https://www.coloradoback.com/>

Camps – Special Needs

Accessibility

- Article: <http://www.colorado.com/articles/accessible-colorado-travel>
 - Wheelchair accessible travel and camping in Colorado

Camps

- Adams Camp: <http://adamscamp.org/> or 303-563-8290
- Easter Seals Rocky Mountain Village camp, Empire, CO: <http://www.easterseals.com/co/our-programs/camping-recreation/rocky-mountain-village.html> or 303-233-1666
- Roundup River Ranch, Gypsum, CO: www.roundupriverranch.org or 970-748-9983
 - Family camp for epilepsy
- Wilderness on Wheels: <http://www.wildernessonwheels.org/about/>

Community Group and Support Groups

General support

- Epilepsy Foundation of Colorado Circle of Friends support groups: <https://www.epilepsycolorado.org/get-help/support-groups/>

Blogs, online forums and social networks

- Epilepsy Foundation eCommunities and community forums: <http://www.epilepsy.com/connect>
- Patients Like Me: <http://www.patientslikeme.com/>
- Sandpaper Smiles: <https://easquad.org/category/sandpaper-smiles-blog/>
- MyEpilepsyTeam: <https://www.myepilepsyteam.com/>

Parents

OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

- Parents Encouraging Parents (PEP) Conferences, Colorado Department of Education:
<http://www.cde.state.co.us/cdesped/pep>
 - Contact: Rachel Shelton, 12 SEAC, 720-352-6250

Senior adults

- Consortium for Older Adult Wellness: www.coaw.org

Sibling support

- Sibling Tree: www.siblingtree.org
- Special Kids, Special Families Colorado Sibshops: <http://sksfcolorado.org/event/sibshops/>

Dentists

- Dr. Allen H Vean, DMD, PC, Cody Dental, Denver: 303-758-5858 or allen.vean@codydental.com
 - Works with special needs patients, does not take Medicaid

Disability and Medicaid Services

General

- Atlantis Community Inc – advocacy, benefits, assistance (SSDI, Medicaid, etc), housing apps, counseling, life skills 303-733-9324 <http://atlantiscommunity.org/>
- Bridges of Colorado, Aurora, CO: www.bridgesofcolorado.com or 303-632-6371
 - Developmental Disabilities waiver services, Children’s Extensive Support Waiver Services)
- Colorado Access for Medicaid waivers intake: 877-710-9993, option 2
- Colorado Department of Health Care Policy and Financing: <https://www.colorado.gov/hcpf>
 - Community Centered Boards: <https://www.colorado.gov/pacific/hcpf/community-centered-boards>
 - Medicaid and CHP+: <https://www.colorado.gov/hcpf/colorado-medicaid>
- Colorado PEAK – Medicaid application: www.colorado.gov/PEAK
 - See also *Basic Needs, Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI), and School Advocacy sections*
- InnovAge long-term care options: www.myinnovage.org or 720-974-0032
 - Medicaid application and waivers, I&R, low-cost resources, access to private pay
- <https://www.cms.gov/>

City and county resources

- Arapahoe County Adult Financial Programs: <http://www.co.arapahoe.co.us/index.aspx?nid=426>
- Center for Disabilities, Pueblo: <http://www.ilcpueblo.org/> or 719-546-1271

Children

- Family Voices: www.familyvoicesco.org or 303-733-3000
OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

- Medicaid, Waivers, health care info for parents with special needs, helps with health care navigation, training in medicaid, advocacy, etc

Filing assistance

- Allsup: 800-279-4357 or <https://www.allsup.com/>
 - Fee-based, but 97 percent success rate in SSDI for people
- Disability Benefits Help: Deanna Power, drp@ssd-help.org, helps with SSDI/SSI benefits

Driving

Laws

- Colorado state driving laws for people with epilepsy: <https://www.epilepsy.com/driving-laws/2008341>

Transportation options

- RTD – bus and light rail: <http://www.rtd-denver.com/DiscountFares.shtml>
- Epilepsy Foundation of Colorado bus pass assistance – contact us at caremanager@epilepsycolorado.org

Employment Needs

1. Look into your local/county workforce center
Denver Workforce Center – 720-865-5619
2. Colorado Division of Vocational Rehabilitation – 303 -866-5700
Assists people with disabilities succeed at work. Job placement help.
Orientation every Tuesday @ 1pm. They facilitate Ticket to Work Program
3. Ticket to Work (under SSA) 1-866-968-7842. Fill out an online application at <http://www.laradon.org/ticket-to-work/>
4. Job Accommodation Network - Workplace safety - <http://askjan.org> 1-800-526-7234
- WIPA Project (https://www.ssa.gov/disabilityresearch/wipa_reports.htm)
5. Employment Program (Voc Rehab) – Easter Seals Colorado 303-233-1666
6. <http://www.gettinghired.com/> for job postings, online career fairs, resume help, etc.
7. Rocky Mountain ADA Center- <http://www.adainformation.org/> , 800-949-4232, Info for Americans with Disability Act & organizations in Colorado
8. Disability Law Colorado, www.disabilitylawco.org 800-288-1376 – provides ADA compliance training
9. School guide for online colleges & vocational degrees:
<http://www.affordablecollegesonline.org/degrees/vocational/>
10. Abilities Connection Colorado – Kelly Smith Employment program (job coaching, employment works job placement program) www.abilityconnectioncolorado.org.
11. Bender Consulting: <http://www.benderconsult.com/>

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12. <http://www.nationalcareerfairs.com/career-fairs/> Search for Denver career fairs within website
13. <https://www.connectingcolorado.com/>
14. <https://www.yourworkforcecenter.com/>
15. Colorado Nonprofit Association <https://www.coloradononprofits.org/careers/nonprofit-jobs>
16. Idealist.org
17. Indeed.com
18. <https://denver.dressforsuccess.org/>
19. <https://www.womensbeanproject.com/> Employment program for women who have been chronically unemployed
20. <http://www.denverworks.org/>
21. Companies who don't require drug testing: Trader Joes and Goodwill (for those using CBD therapies)
22. Helps with clothes for interviews and also free cell phones: <http://www.denverworks.org/career-closet>
23. <http://www.internationalpaper.com/careers> Intentionally seek out hiring individuals with disabilities

Top Job Search Sites - <http://www.learnhowtobecome.org/15-best-job-search-sites/>

Online Job Search Guidebook - <http://www.learnhowtobecome.org/online-job-search-guide/>

Tips and tricks on how to keep it professional before the career is landed:

LinkedIn: Creating the best profile for the job - <http://www.learnhowtobecome.org/ultimate-linkedin-guide/>

Internships: Tips, advice, and resources - <http://www.learnhowtobecome.org/career-resource-center/internship-resources/>

Interviewing: the do's and don't's - <http://www.learnhowtobecome.org/interview-dos-and-donts/>

Resumes: How to create an eye catcher - <http://www.learnhowtobecome.org/resume-guide/>

General guidebooks and career success tools:

Student Success: A College Survival Guide - <http://www.learnhowtobecome.org/online-universities-and-colleges/student-success-guidebook/>

How to Get Hired: A Grads Guide to a Career - <http://www.learnhowtobecome.org/grads-get-hired-guide/>

Veterans: Getting hired as a civilian - <http://www.learnhowtobecome.org/veterans-guide-to-getting-hired/>

Epilepsy Education

- <http://www.epilepsy.com/> - Epilepsy Foundation of America website
- Awareness, Support and Education – www.webease.org – go to epilepsyfoundation.org & click on Living with Epilepsy
- Free trainings through Epilepsy Foundation of Colorado for employers, schools, caregivers, etc.
- Seizure Tracker – www.seizuretracker.com
- First Aid – <http://www.epilepsycolorado.org>

Find a Doctor

- www.epilepsycolorado.org > FIND A DOCTOR or call and ask for a list of epileptologists in your area.
- <https://my.aesnet.org/FindaDoctor> -American Epilepsy Society
- Through your insurance provider network

Genetics

- <https://www.cureepilepsy.org/egi/>
- <http://epilepsygenetics.net>
- <https://www.ilae.org/files/dmfile/GeneticsPamphlet-2013.pdf>

Housing

- Denver office of Economic Development – 720-913-1999 www.denvergov.org – resume, interviewing skills, housing, etc.
- The Hero Alliance- <http://heroalliance.org/> 720-941-8901-help people with disabilities with home ownership and housing resources, repairs, down payment assistance, loan assistance, lots of housing resources
- Denver ACTS - <http://denveracts.org/> 303-295-0308 – for men only, like to have a ‘plan’ in place & busy during the day
- Denver Human Services for housing, rent assistance, etc. – 720-944-3666F
- Denver Housing Authority- 720-932-3000
- Ronald McDonald House of Denver 303-832-2667 or the Aurora House 720-324-2400
- <https://www.voacolorado.org/gethelp-denvermetro-ryes-affordablehousing>
- <https://denverrescuemission.org/who-we-are/locations/the-crossing/>
- <https://crossroadscenter.salvationarmy.org/>

Insurance

- Medicaid Customer Support Center- 303-866-3513
- Apply for Medicaid on Colorado PEAK's web site <http://coloradopeak.force.com/>

Steps to take for uninsured:

1. Apply for Colorado Indigent Care Program (CICP) – call to get a financial screening. 303-343-4600
2. Get an appointment at any MCPN clinic. Once there you can get rx refills and be referred to a specialist as needed. www.mcpn.org
3. Apply for Cover Colorado www.covercolorado.org, SSI/SSDI or any other insurance for long-term coverage - see *Social Security Disability Insurance*
4. Colorado's health care exchange website is <http://www.connectforhealthco.com/> 855-PLANS-4-YOU (855-752-6749)
5. <https://www.clinixusa.com/~clinixus/images/PDF/guide-to-services-for-the-uninsured.pdf>

Interpreter Resources

- Leigh Schommer, Epilepsy Foundation of Colorado Mental Health Program Manager
 - leigh@epilepsycolorado.org habla español
- Alicia Camuto LSW Children's Hospital Social Work
Alicia.Camuto@childrenscolorado.org
Will help interpret to Spanish for clients who need help (primarily who need help with registering for camp).

Legal Services and Advocacy

- Disability Law Colorado – <https://disabilitylawco.org/> 800-288-1376
- Legal Fund through National Epilepsy Foundation- 800-332-1000, choose option for legal assistance
- Rocky Mountain ADA Center <http://www.adainformation.org> or 800-949-4232
- Colorado Legal Services <http://www.coloradolegalservices.org> or 303-837-1321
- Colorado Cross Disability Coalition <http://www.ccdconline.org> – Knowledgeable about the ADA and Advocate for people in the now. Advocate at employment meetings.
- Family Voices www.familyvoicesco.org
- Denver Binder and Binder -303-534-1970 or <https://www.binderandbinder.com/> (social security benefits).
- Steven R. Owens, JD Attorney and Counsellor at Law: Steve practices extensively in the area of special needs planning 720-529-9800
- <http://www.mydenverlawyer.com/Workshops.aspx> legal workshops

- <http://www.educationlaw.co/contact-us.html> Special Education Law
- K. Mark Burton, Attorney at Law - The Law Office of Mark Burton, P.C. 1175 Osage St., Suite 200
Denver, CO 80204 303-350-1550 Fax: 303-350-1555, burtonselaw2000@yahoo.com

FINANCIAL PLANNING:

- Lisa Hardin - Davis and Hardin ELLC
- Melissa J. Edelman
720-259-6070
medelman@financialguide.com
www.financialalignmentpartners.com
- Laura Mathews Law
www.lauramathewslaw.com
303-726-3079
- Lehman Disability Planning
www.lehmandp.com or betty@lehmandp.com
720-259-6073

LEGAL ISSUES – SCHOOL AND DISABILITY RIGHTS:

- Center for Special Education Law
 - www.advocacydenver.org/our-programs/center-for-special-education-law
 - 303-974-2530
- Special Needs Alliance – national non-profit, lawyers who help with guardianship and special education issues
 - www.specialneedsalliance.org
 - 877-572-8472

Medical Marijuana

*Disclaimer: Epilepsy Foundation of Colorado does not endorse these products or companies. We strongly recommend talking to your doctor before administering any therapy for you or your child.

- Saving Grace CBD - <https://savinggracecbd.com/>
- Realm of Caring Foundation – <http://theroc.us>
- <http://www.epilepsy.com/learn/treating-seizures-and-epilepsy/other-treatment-approaches/medical-marijuana-and-epilepsy> - link from the national site
- <http://cannabis-med.org/index.php?lng=en> International Association for Cannabinoid Medicines
- CBD Companies that can ship to all states:
 - Saving Grace CBD <https://savinggracecbd.com/> - Colorado
 - Blue Bird Botanicals www.bluebird-botanicals.com – Colorado
 - Charlotte’s Web Botanicals www.cwbotanicals.com – Colorado
 - Flowering Hope Foundation <http://www.floweringhope.co/> - Colorado
OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

- Kentucky Cannabis Company www.kentuckycannabiscompany.com –Kentucky
- Palmetto Harmony <https://palmettoharmony.com/> -South Carolina
- Whole Hemp Company <http://www.foliumbiosciences.com/> - Colorado

Medication Assistance & Treatments/Medication Info

*Disclaimer: Epilepsy Foundation of Colorado does not endorse these products or companies. We strongly recommend talking to your doctor before administering any therapy for you or your child.

- Contact the pharmaceutical company for the drug you are prescribed –look for Patient Assistance Programs
- Medication Discount Card - Rxrelief Card www.rxreliefcard.com 855-251-3690 (up to 75% savings at almost any pharmacy)
- <http://www.needymeds.org/index.htm> includes listings for free and low cost clinics
- Colorado Drug Card – www.coloradodrugcard.com
- www.pparx.org
- www.needymeds.org/copay_diseases.taf?function=summary&disease_id=258&disease_eng=Epilepsy&dx=18&drp=epilepsy general financial resources nationwide
- http://www.roweepra.com/WEB_ROWEEPR Co-PayBrochure.pdf generic keppra \$
- www.coloradocaresrx.com
- Medical Expense Grants for Kids- United Healthcare Children’s Foundation- <https://www.uhccf.org/>
- Topamax: <http://www.janssenprescriptionassistance.com/>
- Lamictal: GlaxoSmithKline Bridges to Access- 866-728-4368
- Apply for Colorado Indigent Care Program (CICP) for sliding scale – see *Insurance*
- Emergency assistance fund through Epilepsy Foundation of Colorado – email us at caremanager@epilepsycolorado.org
- NeuroPace RNS System
 - NeuroPace’s Patient Education number: (888) 646-8483
Email: connect@neuropace.com
- Online CPR training- www.icpri.com
- Midazolam (Intranasal Emergency Medication) - <http://intranasal.net/SeizureRx/default.htm>.
For ordering: <https://shop.life-assist.com/CatalogItemDetail.aspx?IGRN=312>
- Ketogenic Diet Resource-The Charlie Foundation www.charliefoundation.org They have recipes, books, training seminars, products, videos, a support line, a mailing list, etc.
- Keto Diet: Laura Pinnick, RD- Owner of Daffodil Kids Nutrition, LLC: Laura@daffodilkids.com

- Drug take-back programs: <https://www.colorado.gov/pacific/cdphe/colorado-medication-take-back-program>

Clinical Trials: https://www.epilepsy.com/clinical_trials.

Mental Health and Counseling Services

1. Mental Health America of Colorado Pro Bono Counseling and Referral Program – 720-208-2220 <http://www.mhacolorado.org>
2. Denver Family Institute – 303-756-3340 www.denverfamilyinstitute.org - Grad students counsel at low rate
3. Resource for patients diagnosed with **Non-epileptic Seizures (NES)**-B. Harrison Levine, MD; sees adults and kids; Denver; 720-684-4370
4. Another resource for patients diagnosed with **Non-epileptic Seizures (NES)**-Daniela Stamatoui, MD; sees adults and kids; Denver; 303-393-1726
5. Cheyenne Mountain Counseling and Wellness Center in Colorado Springs; Melodie Mack, LPC, LMFT specializes in families/individuals with epilepsy; she takes many types of insurance; www.counselingandwellnesscs.com; 719-225-4065 ext. 101; also has interns and a bilingual therapist on staff
6. Erica Jacknin; art and yoga therapist in Colorado Springs; experience working with people with epilepsy; 717-654-2442
7. Noel Simmons, MA, LPC 720-663-7194
8. Olivia Hannon Cichon; kids and adults; English and Spanish speaking; 720-722-1825; <http://www.olive-tree-counseling.com/> ; located in Aurora
9. Afra Moenter, Ph.D.-sees clients with epilepsy and/or **NES** ages 13 and up; 303-258-1116; located in Boulder; website is <http://rockymountainepilepsy.com/>
10. Noeticus Counseling Center (ask for Amy Jones) 303-399-9988
11. Colleen Todd MA LPC CACIII Louisville CO – 720-684-9845 - - Adults
12. Emily Shrader Aurora – 720-202-4747 – Adults
13. Sandy Pryor MA, MT-BC Denver – 303-815-8538 – Adults (sliding fee)
14. Linda Coughlin Grief Journey Englewood CO - 303-951-9240 – Grief Therapy (SUDEP)
15. Allison Sedlacek Greeley CO – 970-978-0022 – Family Therapy
16. Laurie Arnold LMFT – 303-909-0156 – Family Therapy
17. Natalie Vona Ph.D Denver – 720-536-8894 – Child Therapy
18. Dr. LoriAnn Perrin Ft Collins – 970-690-9592 – Individual
19. Solutions for Success Counseling- 720-480-0033-Individuals, Couples, and Families

20. Carlyn Riviere-Placzek MA – **(PNES and Epilepsy)** Marriage and Family Therapist Collaborate Counseling www.collaboratecounseling.com, carolyn@collaboratecounseling.com, 720-708-4865
21. SonderMind, Aurora – 18 therapists who work with children who have experienced abuse/trauma. Stephanie Diaz 720-933-5512 can help find a therapist there who would be a good fit.
22. Julia Boulton- psychotherapist in Colorado Springs at Axis Counseling: 719-475-8038 x930
 - Referred by Robbie Solano
23. <http://www.coloradosocialworker.org/home.html> Social Worker in Boulder
24. <https://www.compassionatefriends.org/> Grief Support

Suicide Resources:

- Colorado Crisis Services – 1-844-493-TALK (8255)
Text to talk 38255*, live online Chat
Walk-in clinics across Colorado
www.ColoradoCrisisServices.org
serve people who are suicidal along with caregivers/concerned people. Provide variety of resources beyond MH.
- National Suicide Prevention Lifeline – 1-800-273-TALK (1-800-273-8255)
www.suicidepreventioncolorado.org
List of MH/Suicide Resources by County:
<http://www.suicidepreventioncolorado.org/page-18121>
- www.Sourcesofstrength.org
- National Hopeline Network – 1-800-SUICIDE (1-800-784-2433)
- CrisisChat.org (live chat)
- Youth America Hotline (Counseling for teens, by teens) – 1-877-968-8454
- Veteran’s Crisis Line – 1-800-273-8255 Press 1
- Vet2Vet – 1-877-VET-2-VET (1-877-838-2838)

Rare Conditions Resources

- <http://www.epilepsy.com/get-help/services-and-support/rare-epilepsy-network-ren>
- Yahoo Groups – www.health.groups.yahoo.com/group/
- **Doose Syndrome**
www.doosesyndrome.org , 1-855-doose-now, info@doosesyndrome.org
- **Dravet Syndrome**
www.dravetfoundation.org , 203-880-9456
- **Infantile Spasms**
Rhonda Lynn (parent), lynnrc@gmail.com

OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

Sandi Rusconi (parent), sandirusconi@gmail.com

- **Ohtahara Syndrome**
www.ohtahara.org (support groups, resources)
Dr. Koh Children's Hospital

Respite Care

- Specialized Sitters – Joe 303-910-4158 www.specializedsitters.com
- Bridges of Colorado (Home and Community-Based services)-Contact Jennifer Kelly at 303-632-6371
- Easter Seals Discovery Club – Nancy Hanson 303-233-1028, Oct-May 10am-4pm, ages 6-18yo (fees), for kids with special needs & their sibs.
- Rocky Mountain Human Services Life Skills and Support Division- 303-636-5940
- Megan's Place for kids 6-16 with developmental and physical disabilities; FT enrollment and drop-in care; 303-881-4988; <http://www.megansplacellc.org/>
- Sewall Child Development Center for kids with disabilities- 303-399-1800
- <http://www.care.com/>
- Stepping Stone Support Center-720-839-4626; they have day services and other resources for adults with developmental disabilities <http://steppingstonesupportcenter.com/>
- <http://www.coloradospitecoalition.org/about/care-program.php>
- <https://mgahomecare.com/>

School Advocacy

- PEAK Parent – www.peakparent.org 1-800-284-0251 (Understanding IEPs, advocacy for special education)
- Colorado Dept of Ed Exceptional Student Leadership Unit – www.cde.state.co.us/index_special.htm [303-866-6694](http://www.cde.state.co.us/index_special.htm) (Understanding special education law)
- PEP: Parents Encouraging Parents - www.cde.state.co.us/cdesped/PEP.asp 303-866-6846 (free conference)
- Consultants for Children (treatment plans for kids with special needs)- 720-272-1289; www.consultantsforchildren.com
- Disability Law Colorado, www.disabilitylawco.org 1-800-288-1376 – provides ADA compliance training to schools.
- Medication Guidelines on CDE website: http://www.cde.state.co.us/healthandwellness/snh_home (under Nursing Procedures).
- Post-Secondary education rights - <https://www.cde.state.co.us/cdesped/options>

- Special Education Advocacy <http://www.thrivectr.org/page-p/>
- National Center for Learning Disabilities <https://www.nclد.org/>
- Special Education Advocacy in Denver <http://learningdifferencesworld.com/>
- Disability Law Colorado <https://disabilitylawco.org/resources/fact-sheets>
- Clients can request a School Nurse Binder from EFCO and related brochures
- Seizures and School <http://www.epilepsy.com/learn/seizures-youth/about-kids/your-child-school-and-child-care>
- Sensory Processing Disorders: <https://www.spdstar.org/>

Seizure Dogs

1. Canine Assistants partners with UCB - <http://www.canineassistants.org>
2. Chelsea Hutchison Foundation –email Julie at info@chelseahutchisonfoundation.org
www.chelseahutchisonfoundation.org
3. <http://www.domesti-pups.org/service-pups.html> -Headquarters in Nebraska, typically requires at least one week of training onsite before receiving the dog, dogs are trained by inmates
4. The Stinkbug Project thru Rocky Mountain Children’s Health Foundation. Contact person is Lee.Shaughnessy@rmchildren.org or 303-839-6784
5. If you are a veteran, contact Painted Paws for Veterans at 719-242-3459 or <http://paintedpawsforveterans.org/> . They provide free service dogs or training of an existing dog for veterans.
6. <http://www.epilepsy.com/information/professionals/hallway-conversations/can-dogs-detect-seizures> link to national site that outlines effectiveness of seizure dogs with comments from professionals
7. <http://joshprovides.sarasotadesign.com/services/how-we-use-our-funds/> financial assistance
8. For dogs with seizures: <http://www.wheatridgeanimal.com/specialty.html> Have a vet neurologist on staff
9. <https://www.assistedogsinternational.org/>

Senior Resources

1. Colorado Gerontological Society – Phyllis Hirschfeld (policy analyst), Phyllis.Hirschfeld@senioranswers.org 303-333-3482
2. <https://www.assistedliving.org/assisted-living-options-for-people-with-disabilities>
3. Senior Care and Assisted Living: <https://www.caring.com/senior-living/assisted-living>
4. Financial Assistance and Funding for Assisted Living: <https://www.payingforseniorcare.com/longtermcare/paying-for-assisted-living.html>

OFFICE: 303-377-9774 • FAX: 303-377-0081 • www.epilepsycolorado.org

Seizure Monitoring Devices/Helmets

*HSA and FSA may cover certain medical devices. For the most up to date information, inquire with your own account to see if monitors or other medical devices are potentially covered.

For financial assistance with paying for one of these devices, please contact Julie at the Chelsea Hutchison Foundation. Her email address is info@chelseahutchisonfoundation.org

1. SAMi Alert System Sleep Activity Monitor; see their web site at <http://www.samialert.com/> ; contact Cynthia Anderson at 720-491-1241 or cba@hipassdesign.com
2. Smart Watch- <http://smart-monitor.com/> 1-888-334-5045
3. Emfit Monitor - <https://www.emfit.com/seizure-muscle-contraction-monitor#>
4. Embrace Smart Watch <http://www.gizmag.com/embrace-smartwatch-epilepsy-seizure-detection/35037/>
5. Rescue Door System – They supply doors that can be opened in the opposite direction to provide emergency assistance. Located in Australia. <http://www.abc.net.au/tv/newinventors/txt/s1345026.htm>
6. Hanger Medical Supply-they carry helmets and do take Medicare AND Medicaid insurance. Located in Aurora. 303-283-0178
7. Guardian Helmets- <https://guardianhelmets.com/>
8. Danmar Helmets- <http://www.danmarproducts.com/>
9. Crasche New York (helmets that look like hats)- <http://crasche.com/special-needs-children-adults-disabilities-protective-headgear-helmet>
10. www.kidsafetyhats.com
11. Seizalarm.com = iPhone or Apple watch users, app which sends a request for assistance with the patient's coordinates
12. Ankle bracelets and other systems for children who run or are severely impaired: <https://www.autismspeaks.org/family-services/resource-library/safety-products>
13. Helmets: Contact Jenniafer Walters at the Epilepsy Foundation of Oklahoma for free helmets

Epilepsy Foundation of Oklahoma

11212 N. May Ave. Ste 108

Oklahoma City, OK. 73120

Office 405-463-0673 jwalters@efa.org

Social Security Disability Insurance (SSDI) & Supplemental Security Income (SSI)

1. To apply visit Colorado PEAK at <https://peak.state.co.us/selfservice/>

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2. To read more about Colorado state benefits visit <http://www.colorado.gov/hcpf>
3. Atlantis Community – Benefits Counseling – 303-733-9324
4. For questions, contact Colorado Disability Determination Services at 303-368-4100

Special Benefits

National Parks Pass – Cost \$10 & fill out form: <https://store.usgs.gov/access-pass>
http://store.usgs.gov/pass/access_pass_application.pdf

Transition Services – Adolescents to Young Adult (AYA)

Start talking with your doctor and your child about transition from pediatric to adult care at the age of 14-16.

- Society for Adolescent Health and Medicine - <http://www.adolescenthealth.org>

Transportation

- Castle Rock

<https://www.drmac-co.org/> comprehensive list

Castle Rock - Town of Castle Rock Taxi – 720-295-8747 - <http://www.crgov.com/index.aspx?NID=1251>

Castle Rock - Neighbor Network Program – 303-660-7519

- Colorado Springs

Colorado Springs - The Independent Center - <http://www.theindependencecenter.org/advocacy>

Colorado Springs-Mountain Metro Mobility- 719-392-2396

- Denver Metro

Denver Metro Area – RTD Bus and Lightrail <http://www.rtd-denver.com/>

Denver Regional Mobility Access Council; <http://drmac-co.org/> ; 303-243-3113; free consultations about transportation resources

- Other Resources

Grand Junction - Sunshine Taxi 970-245-8294

Access-a-Ride Info 303-299-2960

Via-special contracts for people with disabilities; contact Martha Fierro at 303-447-2848 ext. 1014;

<http://viacolorado.org/> (Boulder/Denver area)

DRCOG – Person pays for the program but don't have to drive

Carpool: Kristalin 303-480-6745

Vanpool: Nick 303-333-3640

<http://waytogo.org/for-employers/employer-services>

<https://www.colorado.gov/pacific/hcpf/non-emergent-medical-transportation>

<https://www.facebook.com/pg/DialAssist/about/> - call to confirm services

<http://denverregion.co.networkofcare.org/aging/services/subcategory.aspx?tax=BT-4500.6500-800>

Veterans Benefits

1. Epilepsy and the VA - <http://www.epilepsy.va.gov>
2. To apply for VA benefits call 1-877-222-VETS (8387)
3. For military legal issues, advocacy, and pro bono legal representation for VA disability benefits, contact The National Veterans Legal Services Program at 202-265-8305 or <http://www.nvlsp.org/>
4. Veterans and Epilepsy First Aid: <https://www.youtube.com/watch?v=XfZyZc3Zr14&t=9s>
5. Denver VA: <http://www.denver.va.gov/>
6. <http://www.veteransresourceportal.com/all-resources/> & <http://www.veteransresourceportal.com/resources/denver-va-community-resource-and-referral-center/> general resources in Colorado
7. Denver County services for Veterans: <https://www.denvergov.org/content/denvergov/en/denver-human-services/assistance-programs/veteran-services.html>

Wellness

Sleep: <https://www.tuck.com/epilepsy-and-sleep/>

Support for Caregivers: <https://www.homehealthcareagencies.com/resources/caregiving-tips/>

Wellness Institute: <https://www.epilepsy.com/living-epilepsy/our-programs/wellness-institute>

Women's Health

Caring for infants or children: <https://www.epilepsy.org.uk/info/caring-children#seizures>

Pregnancy: <https://www.epilepsy.com/living-epilepsy/women/epilepsy-and-pregnancy>